



## BRIDGEWATER-RAYNHAM REGIONAL SCHOOL DISTRICT HEALTH SERVICES

BR recognizes families are the most important first line of defense for monitoring symptoms that may be related to covid-19 infection. We request all parents/caregivers to monitor their children daily, prior to school attendance. We request all staff to do the same. Additionally, teachers, bus drivers and school employees play an important role in referring possible symptoms to the health services staff. Our collective health, in part, relies on this attention and responsibility.

**Below is the list of symptoms for which all parents/caregivers should monitor their children daily, prior to school attendance and staff should monitor themselves:**

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache *when in combination with other symptoms*
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*

With trouble breathing, chest pain, new confusion, inability to wake or stay awake, bluish lips or face – **CALL 911!**

In the presence of *any* of these symptoms, or exposure to a positive case of covid-19, the child and or staff member should not attend school, instead begin home isolation, and contact healthcare provider.



**If child or staff is not 100% well, they should stay home. When in doubt, STAY HOME! Feel free to contact your child's school nurse with any questions or concerns.**

**TOGETHER, WE ARE BR STRONG!**

CDC protocols may be released in the coming weeks and this guidance may be updated accordingly 7/17/2020  
MDPH/DESE Revised Guidelines 8/18/20